

# **FAMILIES, HEALTH AND HUMAN SERVICES COMMITTEE**

**September 18, 2007**

## **Committee Members**

### **In Attendance:**

Judy Myers, Chair, William Burton, Lois Bronz, Kenneth Jenkins and Martin Rogowsky.

### **In Attendance:**

CEO: Bill Randolph; Health: Janet Forcina BOL: Legislator Vito Pinto, Neal Rentz, Rick Pezzullo, Joanne Sold and Melanie Montalto; Visitors: Dr. Marla Koroly of Northern Westchester Hospital, Daniel Blum of White Plains Hospital Center, Diana Barrett of the American Heart Association, Natalia Baage of the Record Review, L. Monteleone, P. Plonski, and Ela Hathaway.

### **Items Discussed:**

Agenda item #61, Stroke awareness and prevention; heart disease in women.

## **Minutes**

Chairwoman Myers called the meeting to order at 12:05 p.m.

Dr. Koroly, Chief Medical Officer & Senior Vice President of Medical Affairs at Northern Westchester Hospital provided the Committee with a hand out, and gave a PowerPoint presentation explaining what a stroke is, what it does to the body, the signs to look for, how to prevent a stroke from happening, and how a stroke victim is treated. Dr. Koroly stressed the importance of taking a person who is having a stroke to a designated stroke center as soon as possible. The response time is key in preventing permanent damage from a stroke. A copy of the hand out and PowerPoint are on file and available for review.

Daniel Blum, Senior Vice President, Business Development at White Plains Hospital Center gave a PowerPoint presentation providing further details and facts about stroke, prevention, and the facilities at White Plains Hospital Center.

Janet Forcina, Health Care Administrator for the Division of Community Health at the County Health Department, gave a presentation to the Committee about the Departments new Chronic Disease Prevention Program, complete with visual aids to help people understand what they are eating, what fat looks like, and the risk factors of living an unhealthy lifestyle such as heart disease and stroke.

Diana Barrett, Regional Director of Quality Improvement Initiatives for the American Heart Association discussed the severity of heart disease in women. She discussed how the symptoms are different and how to prevent having a heart attack. She provided the Committee with several pamphlets and flyers about heart disease, stroke, and diabetes. All of the materials are on file and available for review. Ms. Barrett also encouraged the Committee to collaborate with local

hospitals on an outreach program, and to support the federal Heart for Women Act, and stroke and heart legislation that arises on the Federal and State level.

Moved by Legislator Burton and seconded by Legislator Bronz the Committee on Families, Health and Human Services adjourned at 1:45 p.m.

A complete audio recording of the meeting is available for review upon request.